

# Contact List

## Member Services

**1-833-627-8252 (833-MAP-UCLA) (TTY 711)**

### October to March

7 days a week, 8am – 8pm PST

### April to September

Monday – Friday, 8am – 8pm PST  
(except on federal holidays)

## Rx Services/Pharmacy (MedImpact)

**1-800-926-3841 (TTY 711)**

7 days a week, 24 hours a day

## Routine Hearing Benefit (TruHearing)

**1-844-547-0958 (TTY 711)**

Monday – Friday, 8am – 8pm PST

For more info: [truhearing.com/uclahealthma-hs](http://truhearing.com/uclahealthma-hs)

## Routine Dental Benefit (Delta Dental)

**1-866-760-2512 (TTY 711)**

### October to March

7 days a week, 5am – 8pm PST

(excluding Thanksgiving and Christmas Day)

### April to September

Monday – Friday, 5am – 6pm PST

For more info: [www1.deltadentalins.com/medicare/uclahealthmedicareadvantage.html](http://www1.deltadentalins.com/medicare/uclahealthmedicareadvantage.html)

## Care Concierge

*For Prestige Plan members only*

**1-833-378-8252 (833-FST-UCLA) (TTY 711)**

### October to March

7 days a week, 8am – 8pm PST

### April to September

Monday – Friday, 8am – 8pm PST  
(except on federal holidays)

## 24/7 Telehealth Services (Teladoc Health)

**1-800-835-2362 (TTY 711)**

7 days a week, 24 hours a day

For more info: [teladochealth.com](http://teladochealth.com)

## Vision Services (EyeMed)

Routine and post-cataract surgery vision benefits

**1-833-918-0487 (TTY 711)**

7 days a week, 5am – 5pm PST

For more info:

[member.eyemedvisioncare.com/uclahealthma](http://member.eyemedvisioncare.com/uclahealthma)

## Routine Transportation Benefit (Uber Health)

**Schedule a ride: 1-833-627-8252 (TTY 711)**

Monday – Friday, 8am – 8pm PST

**Schedule a ride: 1-310-462-0300 (TTY 711)**

Saturday, 8am – 2pm PST

## Routine Acupuncture and Chiropractic Benefit (WholeHealth Living)

To find a practitioner:

[wholehealthliving.com/find-a-practitioner](http://wholehealthliving.com/find-a-practitioner)

## Flex Allowance and Over-the-Counter Benefits (Smart Benefits Card &more)

**1-855-263-6673 (TTY 711)**

Monday – Friday, 8am – 8pm PST

(except on federal holidays)

Shop for covered over-the-counter products:

[andmorehealth.com](http://andmorehealth.com)

## Fitness Benefit (SilverSneakers)

*For Prestige Plan members only*

**1-888-423-4632 (TTY 711)**

Monday – Friday, 5am – 5pm PST

Member portal access:

[tools.silversneakers.com](http://tools.silversneakers.com)

## Medically Tailored Meal Kits (RxDiet)

*For Prestige Plan members who qualify*

**1-833-918-9888 (TTY 711)**

Monday – Friday, 8am – 5pm PST

Saturday, 9am – 12pm PST

For more info: [rx-diet.com/ucla-health-ma](http://rx-diet.com/ucla-health-ma)

## Post-Discharge Meals (RxDiet)

**1-833-918-9888 (TTY 711)**

Monday – Friday, 8am – 5pm PST

Saturday, 9am – 12pm PST

For more info: [rx-diet.com/ucla-health-ma](http://rx-diet.com/ucla-health-ma)

## Home Safety Assessment (Periscope)

*For Prestige Plan members who qualify*

**1-833-627-8252 (833-MAP-UCLA) (TTY 711)**

Monday – Friday, 8am – 8pm PST

(except on federal holidays)

## In-Home Care Services (CareLinx)

**1-855-327-5990 (TTY 711)**

Monday – Friday, 8am – 5pm PST

For more info: [carelinx.com/uclahealthma](http://carelinx.com/uclahealthma)

## Healthy Food Benefit (Smart Benefits Card &more)

*For Prestige Plan members who qualify*

**1-855-263-6673 (TTY 711)**

Monday – Friday, 8am – 8pm PST

(except on federal holidays)

For more info: [andmorehealth.com](http://andmorehealth.com)

## Online Fitness Benefit (Bold)

*For Principal Plan members only*

**1-213-320-6946 (TTY 711)**

Monday – Friday, 5am – 5pm PST

Member portal access:

[agebold.com/uclahealthma](http://agebold.com/uclahealthma)

## Personalized Meal Planning (RxDiet)

**1-833-918-9888 (TTY 711)**

Monday – Friday, 8am – 5pm PST

Saturday, 9am – 12pm PST

For more info: [rx-diet.com/ucla-health-ma](http://rx-diet.com/ucla-health-ma)

## Home Safety Modification Allowance (Smart Benefits Card &more)

*For Prestige Plan members who qualify*

**1-855-263-6673 (TTY 711)**

Monday – Friday, 8am – 8pm PST

(except on federal holidays)

For more info: [andmorehealth.com](http://andmorehealth.com)